

STUDENT ATHLETES

-Information you need to know about NCAA eligibility for college or university sports-

- You are a student first and an athlete second.
- Colleges will not admit students to play any sport unless they are in good academic standing and meet the college entrance requirements.
- The student-athlete is responsible for maintaining his/her academics and meeting NCAA requirements
- Counselors, parents, and coaches should be consulted periodically throughout the high school years for guidance.
- The ultimate responsibility rests with the student to ensure they are on track for satisfying NCAA requirements.
- Before you approach college coaches concerning their teams and athletic grant-in-aid possibilities, learn about the rules governing the recruitment process.
- If you are interested in a specific college, do not wait for them to contact you. It is the responsibility of the student to make their name, face, and talents known to various colleges.
- REGISTER WITH THE NCAA CLEARINGHOUSE.

Food For Thought

- There are 595 high schools in the state of Indiana
- There are 19,147 high schools in the United States
- There are 6,657,257 participants in high school athletics
- 2% of these participants are contacted by a college coach
- 5% of these participants actually play a college sport
- Less than ½ of 1% of athletes receive some form of aid
- Most high schools NEVER have a full scholarship Division 1 athlete
- There are 1,000,000 high school football players and 550,000 basketball players
- 150 make it to the NFL and 50 to the NBA

Estimated Probability of competing in athletics beyond high school

Student Athlete	Men's Basketball	Women's Basketball	Football	Baseball
HS Athletes	549,500	456,900	983,600	455,300
HS Seniors	157,000	130,500	281,000	130,100
NCAA Athletes	15,700	14,400	56,500	25,700
NCAA Freshman	4,500	4,100	16,200	7,300
NCAA Seniors	3,500	3,200	12,600	5,700
Drafted Athletes	44	32	250	600
% HS to NCAA	2.9	3.1	5.8	5.6
% NCAA to Professional	1.3	1.0	2.0	10.5
% HS to Professional	.03	.02	.09	05

Take a long hard look at these numbers and think about what matters most. As you can see the realistic view is that it is a very low chance of becoming a professional athlete. A college education is most important. Use your athletic ability to accentuate your college experience and to assist in the admissions process. However, when you're there stay strong academically!

What I Wish Someone Would Have Told Me About Being a College Athlete

- The importance of grades starting with Freshman year of high school
- The importance of preparing for ACT's and SAT's.
- The importance of understanding what the NCAA requires from me; I am in charge of making sure I have met the requirements.
- Applying for regular admission as well as athletic admission
- Setting long range goals for 10 years after high school
- Look at schools that meet academic needs as well as athletic needs
- Talk to several college coaches from different schools
- Don't wait for coaches to come to you; make phone calls, write letters, send tapes...make them aware of who you are.
- Visit campuses that are being considered
- Learn Time Management skills before starting college
- Develop Communication skills as a team member and as a student
- Learn to access teachers and counselors for help. You will have to make appointments with professors and advisors in college and it's best to learn how to communicate with them before you go.

NCAA Freshman – Academic Eligibility Standards

Quick Reference Sheet

If you plan to enroll in any Division 1 or Division 2 college or University in fall 2009 or after please read this information carefully.

<u>Division I</u>	<u>Division II</u>
<ul style="list-style-type: none">• 4 years of English• 3 years of Math• 2 years of natural/physical science• 1 year of additional English, math, or science• 2 years of social science• 4 years of additional courses (from any area above, foreign language, or non-doctrinal religion/philosophy)• Earn a minimum required GPA in these courses• Earn a combined SAT or ACT sum score that matches your core course GPA and test score sliding scale. (see your counselor)	<ul style="list-style-type: none">• 3 Years of English• 2 years of Math• 2 years of natural/physical science• 2 additional years of English, Math, or Natural/Physical Science• 2 years of Social Science• 3 years of additional core courses from any subject above, or foreign language, or non-doctrinal religion or philosophy• Earn a 2.000 GPA or better in your core courses and• Earn a combined SAT score of 820 or an ACT sum score of 68• There is no sliding scale in Division II

***Please Note:** Computer-Science courses may only be used for initial-eligibility purposes if the course receives graduation credit in mathematics or natural/physical science and is listed as such on the high school's list of NCAA approved core courses.

Required Test Scores and GPA's

Division II: There is no Sliding Scale

- Required Core GPA: minimum = 2.000
- Required Test Scores:
 1. Minimum SAT score is 820 (verbal and math only)
 2. Minimum ACT score is 68

Registering with the NCAA Clearinghouse

If you plan to participate in college sports it is important that you register with the NCAA (National Collegiate Athletic Association). This should be done early in your high school career in order to make sure that you are on the correct academic track to be eligible upon graduation.

You can register at the Eligibility Center's website, www.ncaaclearinghouse.net. Early registration helps student-athletes avoid pitfalls that could delay their academic or amateur certification.

When you arrive at the website, click on "Prospective Student-Athletes" and follow the directions for U.S. Registration there. The cost is \$60.00 and a one time only fee.

Good luck in your pursuit of success in both academics and athletics!

The following Saint Joseph's High School courses are approved with the NCAA Clearinghouse:

English 9	Algebra 2	French 3
English 10	Algebra 2/Trig	French 4
English 11	Discrete Math/Trig	French 5
English 12	Pre-calculus	French Language AP
English Literature	Calculus AB/AP	French Literature AP
Creative Writing	Calculus BC/AP	German 1
Mass Communication	Calculus 3H	German 2
Novels	Intro Differential Equations	German 3
English Lang & Comp AP	Statistics AP	German 4
Dramatic Literature	Integrated Chemistry Physics	German 5
World History	Biology 1	German 6
World Geography	Biology 2 H AP	Spanish 1
US History	Human Biology	Spanish 2
US Government	Adv. Environ. Science	Spanish 3
ACP American Politics	Human Genetics	Spanish 4
Economics	Botany	Spanish AP
Macroeconomics AP	Chemistry 1	Latin 1
Microeconomics AP	Chemistry 2 H AP	Latin 2
Psychology	Physics	Latin 3
Sociology	Physics AP	Latin 4
Law Education	Science Research	Latin 5
Algebra 1	French 1	Latin Literature AP
Geometry	French 2	Latin Vergil AP

PLEASE NOTE THE FOLLOWING CLASSES DO NOT HAVE NCAA APPROVAL:

All Theology – All Business – All Computer Science – All Fine Arts
Film Literature